

How to revise

Guidance for parents



1. **Practice testing**: Use low-stakes tests, quizzes or reviews on a regular basis. Encourage students to test themselves frequently as part of their revision. The 'Flashcards by Chegg' app is great for this, as are revision guides...or their exercise book!
2. **Distributed practice**: Revision over time leads to better recall than cramming. Help students to do this by spacing their revision for all subjects over time, using their revision planner.
3. **Interleaving**: Consider encouraging students to alternate their practice of different kinds of items or problems when revising rather than sticking to one single topic.
4. **Elaborative interrogation**: Consider encouraging explanatory questioning to promote learning; for example by asking students "Why?" when they tell you information about things they know. E.g.
Student: "I know that temperature increases the rate of a chemical reaction"
Parent: "Why is that?"
5. **Self-explanation**: Consider encouraging students to explain to you how new information is related to known information, or the steps required to solve a problem.

Other useful apps/websites:

<https://quizlet.com/>

<https://www.memrise.com/>